



# FUQUAY-VARINA HIGH SCHOOL

*“Home of the BENGALS”*



## Rules and Code of Ethics Contract

### The Athlete:

- 1) Should remember that first and foremost that he/she is a student. To accomplish the challenge of being a student athlete is never easy. You must be disciplined, dedicated and have clear goals in your mind of what you want to accomplish and daily objectives to help you reach those goals. You owe it to yourself to get the greatest possible good from your school experiences.
  - 2) Should remember that team comes first. You are at all times a representative of your family, school and team. We expect you to behave, only in a manner that will bring honor to those institutions. Failing to do so will result in disciplinary action.
  - 3) Will accept, with good grace, the decisions of the game official, and show no disrespect to these decisions no matter how unjust they seem. Coaches will handle questions on rules and their application. Disrespect to a game official will result in disciplinary action.
  - 4) Must demonstrate a positive attitude and behavior, on and off the field, which is characterized by good sportsmanship, and use of the WCPSS character traits. Failure to do so will result in disciplinary action.
  - 5) Should, by word and action encourage and support teammates. Only positive attitudes are acceptable. You have no right at any time to say or do anything that could be detrimental to teammates, and or coaches of Fuquay-Varina High School Athletics. Any player acting in a manner that is unbecoming to team unity will be disciplined.
  - 6) Do not allow yourself to be taken out of control by excessive emotional or physical contact. **NO FIGHTING!** Failure to control yourself will result in disciplinary action.
  - 7) Should know they can be disciplined for behavior that occurs off campus. Serious offenses such as arrests, criminal charges or criminal convictions can result in dismissal from the team and/or suspension from school. Such actions could prohibit further participation in Fuquay-Varina H.S. Athletics.
  - 8) Should know the use or possession of tobacco, alcohol, or illegal drugs on school campus or at a school activity will NOT be tolerated and can result in immediate dismissal from the team.
    - a) Tobacco – 1<sup>st</sup> Offense – one week suspension from team (no games)  
2<sup>nd</sup> Offense – Suspension from team for remainder of season (no games or practice)
    - b) Alcohol/Drugs – 1<sup>st</sup> Offense – Suspension from team for remainder of season (no games or practice)  
2<sup>nd</sup> Offense – Student may not participate on a Fuquay-Varina H.S. athletic team for 365 days - starts the day after second violation.
- \*\*\* ATHLETE DOES NOT HAVE TO BE ARRESTED OR CHARGED BY POLICE \*\*\***
- 9) Should know that any act of insubordination by a player will result in disciplinary action. Insubordination being defined as any act in direct contradiction with a coach's instruction. This includes failing to complete a task requested by a coach.
  - 10) Should know any disciplinary suspension or arrest involving gang activity is a violation of WCPSS Board Policy and will result in automatic dismissal from the team. A second such offense in the school year will result in suspension from Fuquay-Varina H.S. Athletics for **365 days**. Gang activity will not be tolerated.
  - 11) Should know that theft will not be tolerated. Any athlete who is caught stealing and/or in possession of stolen property.
    - 1) 1<sup>st</sup> Offense – Suspension for 2 games (can practice with the team), unless stealing from teammates, which will be dismissal from the team
    - 2) 2<sup>nd</sup> Offense – Dismissal from the team.

(over)

12) Is expected to:

- a) **NOTIFY A COACH IF LEAVING SCHOOL FOR ANY REASON**
- b) Be prepared for indoor and outdoor practice every day.
- c) Have a ride home by no later than time designated by the Coach. If getting a ride home is a problem we will meet and decide if continuing on the team is appropriate. This is a major safety and time issue.
- d) Behave at all times. Athletes are role models for the other students at F-V HS and are expected to follow all F-V HS, NCHSAA and WCPSS rules and expectations.
- e) Abide by School Dress Code at all times.
- f) Not wear jewelry during games or practices (includes earrings).
- g) **GIVE FUQUAY-VARINA ATHLETICS FIRST PRIORITY OVER ANY CLUB OR REC. SPORT'S TEAM. A PLAYER SHOULD NEVER MISS ANY F-V HS PRACTICE OR GAME DUE TO A CONFLICT WITH AN OUTSIDE TEAM.**
- h) Be dressed, on time and at practice everyday. Unexcused absences will lead to reduction in playing time, suspension from team and/or dismissal. The TEAM needs every player every day!

13) Should know the Head Coach, in accordance with WCPSS Board Policy, will decide what is and is not an excused absence from practice.

14) Should know they cannot train, tryout, or practice with another F-V HS team until their current season is completed. In certain cases such as individual sports (cross country, tennis, swimming, diving, wrestling, golf) when the athlete is not advancing on to Regionals etc. the coach can release the athlete to participate in their next sport.

15) Should know they are responsible for all school issued equipment. Failure to return or pay for school equipment will result in no more equipment (uniforms, sweats, etc.) being issued to the athlete for any other sports until the fine is cleared. Also athletes will not be allowed to participate in any off-season workouts until all school fines are cleared.

16) Should know they should be committed to their team. If they quit a team, or are dismissed from the team, they are not allowed to begin practice for the next season until their previous team's season is completed.

17) Should know this contract applies to ALL sports the Athlete participates in at F-V H.S.

**18) Should know the coaching staff will make all decisions concerning appropriate consequences. Extra conditioning, suspension from team, and/or dismissal are possible forms of discipline.**

I \_\_\_\_\_ agree to abide by all of the rules and procedures of the  
(Name – Print)

Fuquay-Varina H.S. Athletic Department

Player Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_